



# Trainer Alignment

The Trainer Alignment consists of single-size, prefabricated dental appliances that incorporate features that assist myofunctional habit correction and tooth positioning.

## Features

**Color:** Blue, Transparent , purple

**Package:** plastic box

**Usage:** Professional dental

**Suitable crowd:** Adult & Child

**Main material:** Silicone

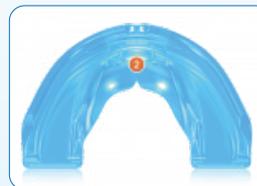
**Application:** Teeth orthodontic

**Packaging details:** Each teeth trainer in one plastic box

## Design Characteristics



**Tooth Channels and labial bows**  
Guide erupting teeth into correct alignment.



**Tongue Tag**  
Trains the tongue to sit in the roof of the mouth, improving myofunctional habits.



**Lip bumpers**  
Discourage overactive lip muscle activity.

## Appliance use

### Designed For

- Class II Division 1+2
- Anterior (upper + lower) crowding
- Malocclusion
- Deep bite
- Open bite

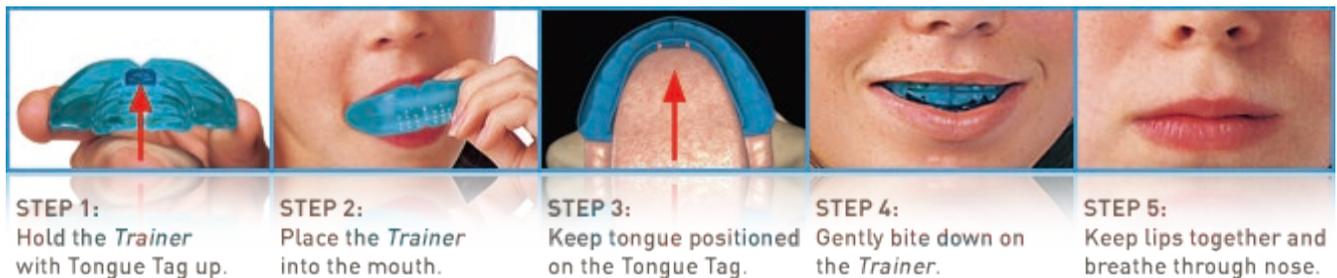
### Works in Conjunction with Lip Trainer

## How the Trainer Alignment Works

Since first being introduced in 1992, the pre-Orthodontic Trainer for Kids has become one of the most popular and successful product available. This is most effective in early mixed dentition for tooth eruption guidance and correction of myofunctional habits.

Tooth channels and labial bows guide the erupting/developing dentition into correct alignment, while the tongue tag and lip bumpers treat

## Direction for use



The Trainer Alignment must be worn for 1 hour each day and overnight while sleeping and always remember to follow these few simple steps:

- Lips together – at all times except when speaking.
- Breathe through the nose – to assist the development of the upper and lower jaws, and to achieve the correct bite.
- No lip activity when swallowing – which allows the front teeth to develop correctly.

## Cleaning the Trainer

The Trainer Alignment should be clean under warm running water every time the patient removes it from their mouth.

## Important Points

The steps for correct dental and facial development are:

- Lips together
- Breathe through the nose.
- No lip activity when swallowing.

Poor myofunctional habits such as incorrect swallowing and breathing through the mouth are the major cause of misaligned teeth and poor jaw development. Research has shown that the correction of these poor myofunctional habits improves facial and dental development.

Due to the nature of removable appliances, patient compliance is essential. Therefore it is important to only select motivated patients and parents. If motivated is a problem, it may be better to suggest the use of conventional brackets..